



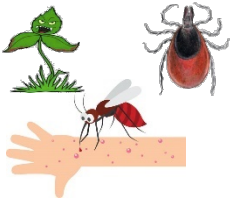




Cape Cod Canal Clean-Up Safety Review

| Dangers | | Prevention |
|---|---|--|
| <p>COVID-19</p>  | <ul style="list-style-type: none"> • Infection and spread of Corona Virus (COVID-19) | <ul style="list-style-type: none"> • Wear a face covering • Avoid crowding and maintain a distance of at least 6-feet. • Wash your hands. • Stay at home if not feeling well. |
| <p>Slips, Trips and Falls</p>  | <ul style="list-style-type: none"> • Wet, slippery and unstable rocks in the rip-rap zone • Steep embankments along the Canal • Rocks and other debris hidden in vegetation | <ul style="list-style-type: none"> • Watch your step. Use caution when working in wet or rocky areas. • Wear sturdy footwear. • Do NOT go into areas where you feel unsafe. • Do NOT play in areas near the water |
| <p>Cuts and Scrapes</p>  | <ul style="list-style-type: none"> • Broken glass, fishing hooks, old fishing knives, and scrap pieces of metal. • Slippery wet rocks with barnacles. • Thorny vegetation | <ul style="list-style-type: none"> • Use grabbers and/or wear thick gloves. Do not mix sharp objects with 'safe' trash. Put in a separate container. • Be aware of surroundings; wear long pants and sturdy, closed toe shoes |
| <p>Bloodborne Pathogens</p>  | <ul style="list-style-type: none"> • Used needles and sharps and other biological material • Human waste, used toilet paper, etc. | <ul style="list-style-type: none"> • Use proper personal protective equipment to avoid direct contact with any blood or other bodily fluid. • Dispose of needles in a sharps container. • Do not pick up items unsafe to handle. Report it Clean-Up POC instead. |
| <p>Poison Ivy, Mosquitoes & Ticks</p>  | <ul style="list-style-type: none"> • Oils from poison Ivy plants cause mild to severe skin irritations. • Ticks and Mosquitoes may transmit various blood borne diseases such as Lyme Disease (Ticks) or EEE (Mosquitoes) | <ul style="list-style-type: none"> • Be mindful of where you reach and walk, especially in high grass areas or places with thick vegetation. • Watch out for plants with 3 leaves <i>"Leaves of three let it be."</i> • Check your body thoroughly for ticks and remove any immediately. • Cover up and/or wear insect repellent |
| <p>Exposure</p>  | <ul style="list-style-type: none"> • Heat/Sun • Cold/Wind • Rain | <ul style="list-style-type: none"> • Check weather forecast. Know that it is usually windy along the Canal • Properly hydrate • Dress in layers. Wear sunscreen and/or a brimmed hat. |
| <p>Service Road Safety</p>  | <ul style="list-style-type: none"> • Mixed-use recreation moving at various speeds • Park Ranger and maintenance vehicles | <ul style="list-style-type: none"> • Be alert for cyclists and vehicles. Look both ways before crossing. • Move off to the side of the road when stopping. |